

# 2025-26 SCHEDULE

## September 10, 2025 - June 20, 2026

MONDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	<b>10:00-11:00</b> <b>Adult Tap Technique</b> <b>ADULT 18+</b> Kelly Carpentier	
	<b>11:15-12:00</b> <b>POUND - Rockout. Workout.®</b> <b>ADULT 18+</b> Kelly Carpentier	<b>**If you don't see a class that works for you, please email or call the office!**</b>
	<b>3:30-4:00</b> <b>OPEN STUDIO</b> <b>Rehearsal Time</b>	
	<b>4:00-4:45</b> <b>Tap &amp; Ballet</b> <b>AGE 3-5</b> (Pre-K - Kindergarten) Ally Goldberg	
<b>3:30-4:00</b> <b>OPEN STUDIO</b> <b>Rehearsal Time</b>	<b>4:45-5:30</b> <b>Tap &amp; Jazz</b> <b>AGE 5-7</b> (Kindergarten -2nd grade) Ally Goldberg	<b>4:00-5:15</b> <b>Ovation/Premiere Jazz Team</b> <b>AGE 11-Teen</b> Melanie Najarian
<b>4:00-5:15</b> <b>Bravo Contemporary Team</b> <b>AGE 12-Teen</b> Kyla Lavespere	<b>5:30-6:15</b> <b>AcroDance</b> <b>AGE 5-7</b> (Kindergarten - 2nd grade) Ally Goldberg	<b>5:15-6:00</b> <b>Musical Theatre</b> <b>AGE 6-8</b> (1st - 3rd grade) Melanie Najarian
<b>5:15-6:30</b> <b>Encore/Bravo Team Technique</b> <b>AGE 11-Teen (Non-Recital)</b> Kyla Lavespere	<b>6:15-7:00</b> <b>Ballet &amp; Lyrical</b> <i>(Additional Class for Mini, Nova &amp; Rising Star students)</i> <b>AGE 6-8</b> (1st - 3rd grade) Ally Goldberg	<b>6:00-7:00</b> <b>Rising/Shining Star Tap Team</b> <b>AGE 7-12</b> Melanie Najarian
<b>6:30-7:45</b> <b>Encore Contemporary Team</b> <b>AGE 11-Teen</b> Kyla Lavespere	<b>7:00-8:00</b> <b>Jazz</b> <i>(Highly recommend for Tap &amp; Hip Hop Only Team Students)</i> <b>AGE 7-12</b> (2nd- 7th grade) Ally Goldberg	<b>7:00-8:15</b> <b>Adult Classical Ballet - Intermediate</b> <b>ADULT 18+ (Non-Recital)</b> Melanie Najarian
		<b>8:15-9:15</b> <b>Adult Open Level Heels</b> <b>ADULT 18+ (Non-Recital)</b> Melanie Najarian

Some classes may require Prerequisites – See Class Description.

We reserve the right to place students according to their age, ability level, and dance experience.

We reserve the right to cancel any class with insufficient registration. All classes are co-educational.

# 2025-26 SCHEDULE

September 10, 2025 - June 20, 2026

TUESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		<b>**If you don't see a class that works for you, please email or call the office!**</b>
	3:30-4:00 OPEN STUDIO Rehearsal Time	
4:00-5:30 <b>Classical Ballet - Advanced</b> <i>Permission from Instructor</i> AGE 12-Teen Monica Lender	4:15-5:15 <b>Mini Jazz Team &amp; Technique</b> AGE 4-6 (Pre-K - Kindergarten) Kelly Carpentier	4:00-5:15 <b>Classical Ballet - Int 1</b> <i>Permission from Instructor</i> AGE 8-Teen Melanie Najarian
5:30-7:00 <b>Classical Ballet - Int 3</b> <i>Permission from Instructor</i> AGE 11-Teen Monica Lender	5:15-6:15 <b>Premiere Tap Team</b> AGE 7-12 Kelly Carpentier	5:15-6:15 <b>Classical Ballet - Intermediate</b> <i>Permission from Instructor</i> AGE 7-12 (2nd- 7th grade) Melanie Najarian
7:00-8:30 <b>Classical Ballet - Int 2</b> <i>Permission from Instructor</i> AGE 10-Teen Monica Lender	6:15-7:30 <b>Rising Star Jazz Team</b> AGE 7-10 Kelly Carpentier	6:15-7:15 <b>Adult Tap - Intermediate</b> ADULT 18+ Melanie Najarian
	7:30-8:45 <b>Encore/Bravo Tap Team</b> AGE 12-Teen Kelly Carpentier	7:15-8:30 <b>Classical Ballet - Beg/Int</b> AGE 12-Teen Melanie Najarian

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# 2025-26 SCHEDULE

September 10, 2025 - June 20, 2026

WEDNESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
<b>**If you don't see a class that works for you, please email or call the office!**</b>		
<b>4:00-5:00</b> Nova Lyrical/Jazz Team AGE 7-12 Becca McCarthy	<b>4:15-5:00</b> Tap & Ballet AGE 3-5 (Pre-K - Kindergarten) Kelly Carpentier	<b>3:30-4:00</b> OPEN STUDIO Rehearsal Time
<b>5:00-6:15</b> Shining Star Jazz Team AGE 7-12 Becca McCarthy	<b>5:00-6:00</b> Classical Ballet - Beg/Int <i>(Required for Nova Lyrical Team students)</i> AGE 7-12 (2nd- 7th grade) Kelly Carpentier	<b>4:00-5:15</b> AcroDance (Level 4-8) <i>Permission from Instructor</i> AGE 10-Teen Megan Sweeney
<b>6:15-7:15</b> Shining Star/Premiere Team Technique AGE 7-15 (Non-Recital) Becca McCarthy	<b>6:00-7:00</b> Nova Hip Hop Team AGE 7-12 Kelly Carpentier	<b>5:15-6:30</b> Encore Jazz Team AGE 11-Teen Kyla Lavespere
<b>7:15-8:30</b> Premiere Contemporary Team AGE 11-Teen Becca McCarthy	<b>7:00-8:00</b> Hip Hop <i>(Highly recommend for Nova or Rising Hip Hop Only Team Students)</i> AGE 7-12 (2nd- 7th grade) Kelly Carpentier	<b>6:30-7:45</b> Bravo Hip Hop Team AGE 12-Teen Kyla Lavespere
	<b>8:00-9:00</b> Tap - Beg/Int Teen/Adult Kelly Carpentier	<b>7:45-9:00</b> Bravo Jazz Team AGE 12-Teen Kyla Lavespere

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# 2025-26 SCHEDULE

## September 10, 2025 - June 20, 2026

THURSDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	<b>9:30-10:00</b> <b>Creative Dance with Me</b> ( <i>Recital Optional</i> ) <b>AGE 1-3</b> (Toddler-PreK) Kelly Carpentier	
	<b>10:00-10:30</b> <b>Baby Ballet</b> <b>AGE 2-3</b> (Toddler) Kelly Carpentier	
	<b>10:30-11:15</b> <b>Tap &amp; Ballet</b> <b>AGE 3-5</b> (Preschool-PreK) Kelly Carpentier	
		<b>11:30-12:15</b> <b>POUND - Rockout. Workout.®</b> <b>ADULT 18+</b> Kelly Carpentier
<b>3:45-5:15</b> <b>Classical Ballet Technique - Int 3/Adv with Variation</b> <b>AGE 12-Teen</b> ( <i>Non-Recital</i> ) Monica Lender	<b>4:00-5:15</b> <b>Classical Ballet Technique - Int 1/Int 2</b> <b>AGE 10-Teen</b> ( <i>Non-Recital</i> ) Melanie Najarian	<b>4:00-5:00</b> <b>Tap &amp; Ballet Level 2</b> <i>**Permission from Instructor</i> <i>(Required for Mini Jazz Team students)</i> <b>AGE 4-6</b> (Pre-K - Kindergarten) Kelly Carpentier
<b>5:15-6:00</b> <b>Pointe</b> <b>AGE 12-Teen</b> Monica Lender	<b>5:15-6:00</b> <b>Pre-Pointe/Beginner Pointe</b> <b>AGE 10-Teen</b> ( <i>Non-Recital</i> ) Melanie Najarian	<b>5:00-6:00</b> <b>Tap</b> <i>(Required for Nova Team student &amp; Tap Only)</i> <b>AGE 7-12</b> (2nd- 7th grade) Kelly Carpentier
<b>6:00-7:00</b> <b>Contemporary/Lyrical</b> <b>Teen/Adult</b> Ally Goldberg	<b>6:00-6:45</b> <b>Tap &amp; Ballet</b> <b>AGE 5-7</b> (Kindergarten -2nd grade) Melanie Najarian	<b>6:00-7:00</b> <b>Nova Team Technique</b> <b>AGE 7-12</b> ( <i>Non-Recital</i> ) Kelly Carpentier
<b>7:00-8:00</b> <b>Ballet &amp; Lyrical</b> <i>(Additional Class for Nova &amp; Rising Star students)</i> <b>AGE 7-12</b> (2nd- 7th grade) Ally Goldberg	<b>6:45-8:00</b> <b>Adult Classical Ballet - Beg/Int</b> <b>ADULT 18+</b> ( <i>Non-Recital</i> ) Melanie Najarian	<b>7:00-8:00</b> <b>Tap - Intermediate</b> <b>Teen/Adult</b> Kelly Carpentier
	<b>8:00-9:00</b> <b>Jazz</b> <b>Teen/Adult</b> Melanie Najarian	<b>8:00-8:45</b> <b>POUND - Rockout. Workout.®</b> <b>ADULT 16+</b> Kelly Carpentier

# 2025-26 SCHEDULE

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FRIDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		<b>**If you don't see a class that works for you, please email or call the office!**</b>
<b>3:30-4:00</b> <b>OPEN STUDIO</b> Rehearsal Time		
<b>4:00-5:15</b> <b>Ovation Contemporary Team</b> <b>AGE 10-Teen</b> Kyla Lavespere	<b>4:30-5:15</b> <b>AcroDance</b> <b>AGE 3-5</b> (Preschool-PreK) Stacy Paradiso	<b>4:00-5:15</b> <b>Rising Star Lyrical Team</b> <b>AGE 7-10</b> Becca McCarthy
<b>5:15-6:30</b> <b>Ovation Team Technique</b> <b>AGE 10-Teen (Non-Recital)</b> Kyla Lavespere	<b>5:15-6:00</b> <b>AcroDance</b> <b>AGE 5-7</b> (Kindergarten - 2nd grade) Stacy Paradiso	<b>5:15-6:15</b> <b>Rising Star Team Technique</b> <b>AGE 7-10 (Non-Recital)</b> Becca McCarthy
<b>6:30-7:45</b> <b>Ovation/Encore Hip Hop Team</b> <b>AGE 10-Teen</b> Kyla Lavespere	<b>6:00-6:45</b> <b>Musical Theatre</b> <b>AGE 5-7</b> (Kindergarten - 2nd grade) Stacy Paradiso	<b>6:15-7:30</b> <b>Shining Star Lyrical/Contemporary Team</b> <b>AGE 8-12</b> Becca McCarthy
<b>7:45-8:45</b> <b>Hip Hop</b> <b>Teen/Adult</b> Kyla Lavespere	<b>6:45-7:45</b> <b>Musical Theatre</b> <b>AGE 7-12</b> (2nd- 7th grade) Stacy Paradiso	
	<b>7:45-8:45</b> <b>Musical Theatre</b> <b>Teen/Adult</b> Stacy Paradiso	

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SATURDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		<b>9:00-10:15</b> <b>Rising Star Hip Hop Team</b> <b>AGE 7-12</b> Kyla Lavespere
<b>9:30-10:15</b> <b>Hip Hop</b> <b>AGE 5-7</b> (Kindergarten - 2nd grade) Miss Marinna	<b>9:30-10:15</b> <b>Tap &amp; Ballet</b> <b>AGE 3-5</b> (Preschool-PreK) Stacy Paradiso	
<b>10:15-11:15</b> <b>Hip Hop</b> <i>(Highly recommend for Nova or Rising Hip Hop Only Team Students)</i> <b>AGE 7-12</b> (2nd- 7th grade) Miss Marinna	<b>10:15-10:45</b> <b>Baby Ballet</b> <b>AGE 2-3</b> (Toddler) Stacy Paradiso	<b>10:15-11:15</b> <b>AcroDance (Primary - Level 3)</b> <b>AGE 7-12</b> (2nd- 7th grade) Kyla Lavespere
<b>11:15-12:15</b> <b>Classical Ballet - Beg/Int</b> <b>AGE 7-12</b> (2nd- 7th grade) Miss Marinna	<b>11:00-11:45</b> <b>Tap &amp; Ballet</b> <b>AGE 5-7</b> (Kindergarten - 2nd grade) Stacy Paradiso	<b>11:15-12:15</b> <b>AcroDance (Level 3-4)</b> <i>Permission from Instructor</i> <b>AGE 8-Teen</b> Kyla Lavespere
	<b>11:45-12:30</b> <b>AcroDance</b> <b>AGE 4-6</b> (PreK - 1st grade) Stacy Paradiso	
<b>12:30-1:45</b> <b>Shining Star Hip Hop Team</b> <b>AGE 8-12</b> Kyla Lavespere	<b>12:30-1:00</b> <b>Rhythm Works Integrative Dance</b> <b>AGE 12-Teen</b> Stacy Paradiso	
<b>1:45-2:45</b> <b>Hip Hop 4 and Team Technique</b> <i>Permission from Instructor</i> <b>AGE 10-Teen (Recital Class)</b> Kyla Lavespere		
<b>2:45-4:00</b> <b>Premiere Hip Hop Team</b> <b>AGE 10-Teen</b> Kyla Lavespere		

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