



# Fitness Schedule

3 Northern Blvd, Amherst, NH 03031  
(603) 673-3978

## How to Register

- Fill out the "Try a Class" form at [kathyblakedancestudios.com](http://kathyblakedancestudios.com)
- Email us at [kbdsinfo@gmail.com](mailto:kbdsinfo@gmail.com)
- Call us at 603-673-3978

	Mon	Tue	Wed	Thu	Fri	Sat
AM	ZUMBA 9:00-10:00 Sinceree	Balancepoint Barre 9:00-10:00 Becca	ZUMBA 9:00-10:00 Leslie		ZUMBA 9:00-10:00 Sallie	ZUMBA 9:00-10:00 Liz
PM		ZUMBA 7:15-8:15 Liz		Balancepoint Barre 7:00-7:45 Becca		

## Fitness Tuition

- Free** First visit only
- \$12** Single Class any time
- \$35** Unlimited monthly **ZUMBA** tuition
- \$35** Unlimited monthly **Balancepoint Barre** tuition
- \$65** Unlimited monthly **FITNESS** tuition
- \$85** Fitness 10 Class Card (Good for 4 months)

## **\*\*Important Information\*\***

- For schedule updates, weather cancellations, or latest news, please visit our website at [www.kathyblakedancestudios.com](http://www.kathyblakedancestudios.com).
- New participants must fill out a *Fitness Registration Form*.
- All participants must sign the attendance sheet when entering the studio for each and every class.

See other side for Yearly Calendar