



Fitness Schedule

3 Northern Blvd, Amherst, NH 03031
(603) 673-3978

How to Register

- Fill out the "Try a Class" form at kathyblakedancestudios.com
- Email us at kbdsinfo@gmail.com
- Call us at 603-673-3978

| | Mon | Tue | Wed | Thu | Fri | Sat |
|----|---------------------------------|---|--|-----|---------------------------------|----------------------------|
| AM | ZUMBA 9:00-10:00 Sinceree | Balancepoint Barre 9:00-10:00 Becca | ZUMBA 9:00-10:00 Leslie | | ZUMBA 9:00-10:00 Sallie | ZUMBA 9:00-10:00 Liz |
| PM | Yoga Noon - 12:45 Melissa | ZUMBA 7:15-8:15 Liz | Balancepoint Barre 6:30-7:25 Becca | | Yoga Noon - 12:45 Melissa | |

Fitness Tuition

- Free** First visit only
- \$12** Single Class any time
- \$35** Unlimited monthly ZUMBA tuition
- \$65** Unlimited monthly FITNESS tuition
- \$85** Fitness 10 Class Card (Good for 4 months)

****Important Information****

- For schedule updates, weather cancellations, or latest news, please visit our website at www.kathyblakedancestudios.com.
- New participants must fill out a *Fitness Registration Form*.
- All participants must sign the attendance sheet when entering the studio for each and every class.

See other side for Holiday Closings