

# Stage Make-up – Teen/Adult

Dancers, even young ones, wear makeup on stage in order to make their faces and expressions visible to the audience. Makeup can emphasize facial features that would otherwise be washed out by stage lights.

Follow these simple steps to create a perfect, stage-ready face.

<http://www.youtube.com/watch?v=Mp4QK5A9A7M>

## **Blush (Required)**

- Pink or Rose.
- Apply blush to the apples of the cheeks.

## **Lipstick (Required)**

- True red.
- Apply to the upper and lower lips.

## **Foundation (Required)**

- Light shade similar to skin color.

## **Eye Shadow (Required)**

- Three complementary light colors.
- Apply the darkest shade near the eye, the medium shade above the eyelid crease, and the lightest shade under the eyebrow. Slightly blend the colors together.

## **Eyeliner (Required)**

- Apply a thin straight line to the upper lid.

## **Mascara (Required)**

- Gently sweep two coats on upper and lower lashes.

## **False Eyelashes (Optional)**